

SPA guidelines

To be able to guarantee the desired date, we ask you to book your appointments early. Please contact the hotel reception or call with n. 9

Please arrive at our SPA reception approx. 5 minutes before the start of the treatment.

Please wear a bathrobe and no jewellery.

If you have any physical complaints, allergy, are pregnant, etc., please inform our SPA staff before the start of treatment.

Out of respect for the following guests, we ask for your understanding that in case of delays on your part, the treatment time will be reduced.

Appointments can be cancelled free of charge up to 24 hours in advance. If you cancel later, 80% will be charged.

EMMY
five elements

T +39 0471 726 014 | info@hotелеmmy.it

Unsere Prana- und **Physiotherapeutin Brigitte** ist von Montag bis Freitag verfügbar.

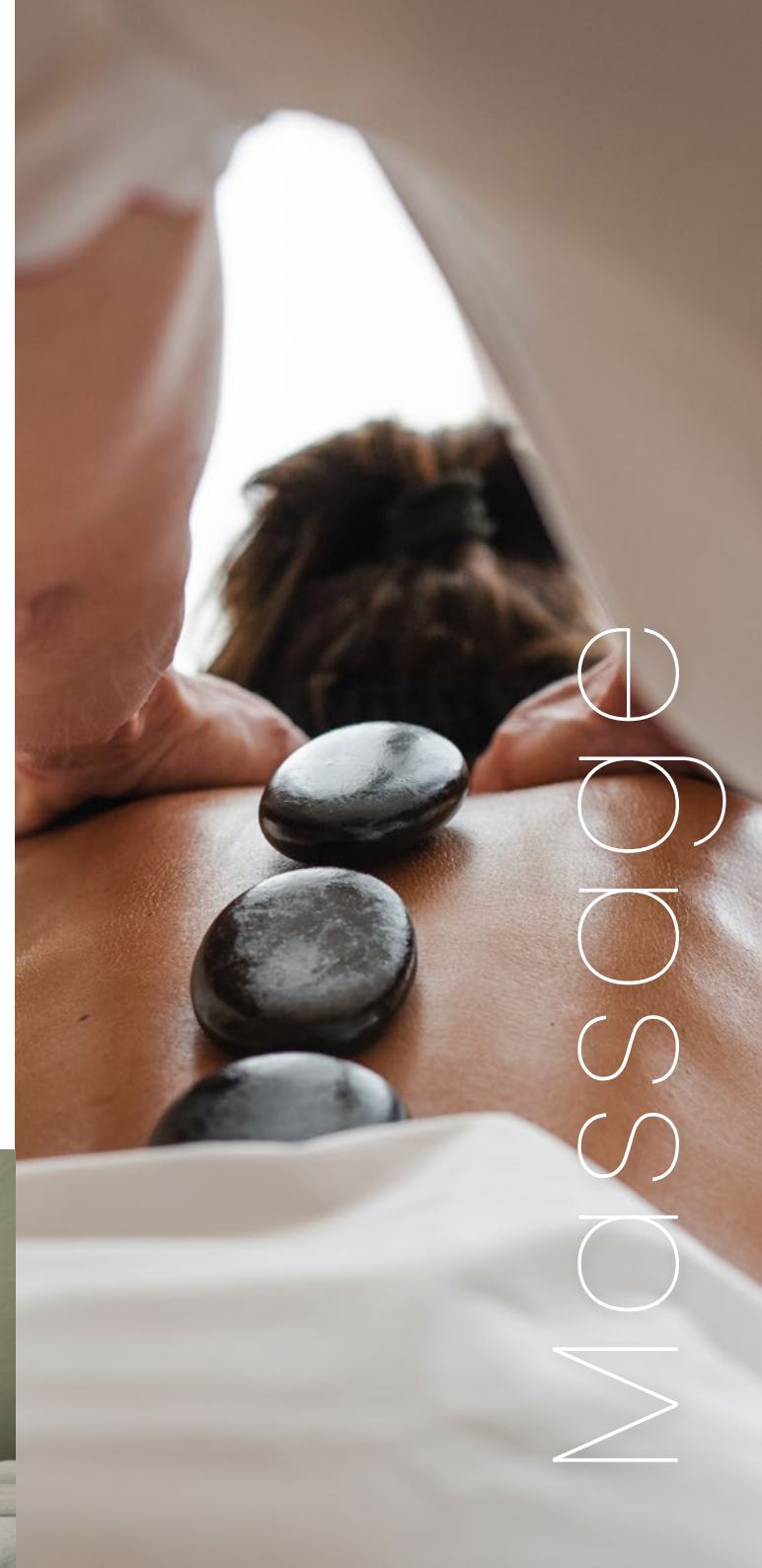
Buchen Sie Ihre Behandlung an der Hotelrezeption oder mit der **hotelinternen Nr. 9**.

La nostra prano- e **fisioterapeuta Brigitte** è a disposizione da lunedì a venerdì.

Prenotate il vostro trattamento alla reception oppure telefonando al **numero interno 9**.

Our prana- and **physiotherapist Brigitte** is available from Monday until Friday.

Book your treatment at the hotel reception or with the **internal number 9**.



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Teilkörpermassage € 38,- (ca. 25 Min.)

Ganzkörpermassage € 65,- (ca. 50 Min.)

Sportmassage € 75,- (ca. 50 Min.)

Hot Stone Massage € 78,- (ca. 50 Min.)

Fußreflexzonenmassage € 70,- (ca. 45 Min.)

Gesichtsmassage € 38,- (ca. 25 Min.)

Tuina Massage € 75,- (ca. 50 Min.)

(alte chinesische manuelle Therapie)
Meridiane und Akupressur, um die Energie ins Fließen zu bringen

Klangschalenbehandlung € 70,- (ca. 50 Min.)

Pranatherapie € 38,- (ca. 25 Min.)
(Chakren, Ebenen und Heilsteine)

Kindermassage € 38,- (ca. 25 Min.)

Lymphstimulierende Massage € 65,- (ca. 50 Min.)

Massaggio corpo parziale € 38,- (ca. 25 min.)

Massaggio corpo intero € 65,- (ca. 50 min.)

Massaggio sportivo € 75,- (ca. 50 min.)

Massaggio hot stone € 78,- (ca. 50 min.)

Massaggio di riflessologia plantare € 70,- (ca. 45 min.)

Massaggio del viso € 38,- (ca. 25 min.)

Massaggio Tuina € 75,- (ca. 50 min.)

(antica terapia manuale cinese)
Meridiani e digitopressione per far fluire l'energia

Trattamento con campane tibetane € 70,- (ca. 50 min.)

Pranoterapia € 38,- (ca. 25 min.)
(chakra, piani e pietre curative)

Massaggio per bambini € 38,- (ca. 25 min.)

Massaggio linfostimolante completo € 65,- (ca. 50 min.)

Partial body massage € 38,- (ca. 25 min.)

Full body massage € 65,- (ca. 50 min.)

Sport massage € 75,- (ca. 50 min.)

Hot stone massage € 78,- (ca. 50 min.)

Foot reflexology massage € 70,- (ca. 45 min.)

Facial massage € 38,- (ca. 25 min.)

Tuina massage € 75,- (ca. 50 min.)

(ancient Chinese manual therapy)
meridians and acupressure to bring the energy flowing

Tibetan singing bowl treatment € 70,- (ca. 50 min.)

Pranotherapy € 38,- (ca. 25 min.)
(chakras, planes and healing stones)

Kids massage € 38,- (ca. 25 min.)

Lymph-stimulating full body massage € 65,- (ca. 50 min.)